Sex and age differences of renal function in rats with reduced ANG II activity during the nephrogenic period

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Loria A, Reverte V, Salazar F, Saez F, Llinas MT, Salazar FJ. Sex and age differences of renal function in rats with reduced ANG II activity during the nephrogenic period. Am J Physiol Renal Physiol 293:F506–F510, 2007. First published April 18, 2007; doi:10.1152/ajprenal.00066.2007.—This study was designed to test the hypothesis that blockade of angiotensin II effects during renal development accelerates the aging-related changes in renal hemodynamics and proteinuria, and that these changes are sex dependent. It has also been examined whether the deterioration of cortical and medullary function that is sex and/or age dependent. Newborn Sprague-Dawley rats were treated with vehicle or an AT1 angiotensin II receptor antagonist (ARA) during the first 14 postnatal days. Blood pressure, glomerular filtration rate, proteinuria, and urinary concentrating ability in response to dehydration were examined in conscious rats at 3 and 11 mo of age. ARA treatment elicited a similar increment in blood pressure in males and females that was greater (P < 0.05) at 11 than at 3 mo of age. Glomerular filtration rate only decreased (P < 0.05) in 11-mo-old male ARA-treated rats (0.59 ± 0.07 vs. 0.80 ± 0.07 ml·min⁻¹·g⁻¹ in control group). At 3 mo of age, proteinuria increased in male (107%) but not in female ARA-treated rats. However, at 11 mo of age, proteinuria increased in both sexes, but the increment was greater (P < 0.05) in male (244%) than in female (138%) ARA-treated rats. Renal ability to concentrate urine in response to prolonged water dehydration was only reduced in ARA-treated males. The reduction of urinary concentrating ability was accentuated by aging. Therefore, we conclude that blockade of angiotensin II effects during renal development elicits an important deterioration of cortical and medullary function that is sex and aging dependent.

It is known that aging is associated with changes in renal function that are sex dependent (2, 3, 22). However, it remains to be examined whether the age-related changes in renal function are accentuated when nephron number decreases during renal development. It is also unknown whether these changes are sex dependent. It is expected that the effects induced by ARA blockade during renal development will lead to a time-dependent deterioration of renal hemodynamics and to an increase in proteinuria that will be more important in males than in females.

The papillary atrophy observed in males but not in females, and the greatest medullary fibrosis found in ARA male-treated rats (25), most probably will also lead to an impairment of the renal concentrating ability in response to a prolonged dehydration only in males. Since it is expected that medullary interstitial fibrosis will increase during aging in ARA-treated rats, it is possible that the renal ability to concentrate urine will be more deteriorated only in treated males as they age.

The main objective of this study was to determine whether the blockade of ANG II effects during the nephrogenic period accelerates the age-related changes in renal hemodynamics and proteinuria, and to examine if these changes are sex dependent. It was also examined whether the deterioration of the renal response to prolonged water dehydration in ARA-treated rats is sex and/or age dependent.

MATERIALS AND METHODS

Sprague-Dawley (SD) rats were purchased from the Experimental Animal Research Laboratory of the University of Murcia. Protocols were designed according to the “Guiding Principles for Research Involving Animals and Human Beings” of the American Physiological Society. All rats were housed in rooms with controlled temperature (24°C) and 12:12-h dark-light cycle. Food and water were supplied ad libitum. Female SD rats (230–240 g body wt) were placed with a fertile male, taking day 0 of pregnancy as the morning that sperm evidence was found. At postnatal day 0, litter size was fixed between 8 and 10. Litters with less than eight pups were excluded. Newborn rats were treated from postnatal day 1 to postnatal day 14 with vehicle (isotonic saline) or an ARA (L-158,809, Merck Sharp & Dohme, 7 mg·kg⁻¹·day⁻¹) administered by gavage. Blockade of AT1 receptors was performed during the first 14 days of life because nephrogenesis is still active in this time frame (13).

Rats at 3 or 11 mo of age were included in eight experimental groups. The number of rats in each group at 3 mo of age was as follows: control males (n = 9), control females (n = 8), ARA-treated males (n = 6), and ARA-treated females (n = 6). The number of 11-mo-old rats included in each group was as follows: control males (n = 7), control females (n = 7), ARA-treated males (n = 9), and ARA-treated females (n = 8).

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Systolic blood pressure (BP) was measured at 3 and 11 mo of age in conscious rats by a tail-cuff method using a LE 5002 Storage Pressure Meter (Letica, Barcelona, Spain). To obtain an accurate BP reading, rats were first habituated to the BP measurement device. Definitive measurements began when rats remained unperturbed into the chamber throughout the inflation-deflation cycles. The BP value in each rat is the mean value of 10 measurements performed during 3 days.

To test the fluid handling and urinary concentrating ability, rats were kept individually in metabolic cages. After 2 days of adaptation, measurements of water intake and urine volume were taken during two consecutive 24-h periods. A basal blood sample from the tail was also obtained. Osmolality and creatinine concentrations in plasma and urine and proteinuria were measured. Thereafter, rats were deprived of food and water for 40 h, and urine was collected during the last 24 h of dehydration. Another blood sample from the tail was taken at the end of the experiment. Osmolality was determined in plasma and urine after water dehydration.

**Analytic methods.** Glomerular filtration rate (GFR) was determined by the endogenous creatinine clearance. This method has been used previously by our group in conscious animals (9, 23), and the values of GFR found were similar to those obtained in anesthetized rats using the [1H]inulin clearance (10, 20). Proteinuria was measured by the micro Lowry method. This procedure is based on Peterson’s modification (19). An alkaline cupric tartrate reagent complexes with the peptide bonds and forms a purple color whose absorbance is read at 543 nm. The standard and reactive of Lowry and Folin were from Sigma (St. Louis, MO). Plasma and urine osmolality was determined by the freezing point depression method (Vapro Osmometer model 5520, Wescor, Wescor, Utah, Italy). Tubular solute free water reabsorption \( T_{ \text{dn}}^{f} \) was calculated as \( C_{\text{OSM}} - UV \), where \( C_{\text{OSM}} = (U_{\text{OSM}}/P_{\text{OSM}}) \times UV \), where \( C_{\text{OSM}} \) is osmolar clearance; \( UV \) is urine flow rate; \( U_{\text{OSM}} \) is urine osmolality, and \( P_{\text{OSM}} \) is plasma osmolality.

**Statistical analysis.** Data in text, Tables 1 and 2, and Figs. 1 and 2 are expressed as means ± SE. One-way ANOVA and the Fisher test were used to evaluate the differences between and within groups (GB Stat, Dynamic Microsystems, 1996). \( P < 0.05 \) was considered statistically significant.

**RESULTS**

As shown in Table 1, BP and GFR were similar in male and female vehicle-treated rats, and both parameters did not change with age in these control groups. Table 1 also shows that BP increased similarly \((P < 0.05)\) in males and females at 3 and 11 mo of age in rats treated with an ARA during the first 14 days of age. It was found that this elevation in BP was gradual and greater \((P < 0.05)\) in older rats. The BP increment was confirmed in new groups of ARA-treated rats \((n = 9)\) in which BP was measured monthly during the first 12 mo of life (results not shown). At 3 mo of age, GFR was not affected by ARA treatment in males and females (Table 1). However, GFR was decreased \((P < 0.05)\) in the oldest ARA-treated male rats compared with the control group and ARA-treated female rats at the same age (Table 1). Water intake was similar in male and female vehicle-treated animals at both ages. This parameter increased \((P < 0.05)\) to the same extent at 3 mo of age in male and female ARA-treated rats. Daily water consumption remained elevated \((P < 0.05)\) at 11 mo in both groups treated with the ARA, but the increment was greater \((P < 0.05)\) in females than in males (Table 1).

Proteinuria increased in ARA-treated males at 3 mo of age \((95 ± 8 \text{ mg/day}, P < 0.05)\) compared with the control group \((46 ± 2 \text{ mg/day})\) (Fig. 1). This elevation was not observed in female ARA-treated rats, since their protein excretion \((48 ± 2 \text{ mg/day})\) was similar to that found in their control group \((33 ± 2 \text{ mg/day})\). At 11 mo of age, proteinuria was accentuated \((P < 0.05)\) in ARA-treated males \((251 ± 10 \text{ mg/day})\), and male control rats showed higher values \((73 ± 6 \text{ mg/day}, P < 0.05)\) than at 3 mo of age (Fig. 1). Female ARA-treated rats began to show proteinuria at 11 mo \((95 ± 7 \text{ mg/day}, P < 0.05)\), but this parameter was not affected by age in the corresponding control group.

Changes in UV, \( U_{\text{OSM}}, P_{\text{OSM}}, \) and \( C_{\text{OSM}} \) in response to water dehydration are shown in Table 2. It can be seen that basal UV was lower \((P < 0.05)\) in control than in ARA-treated rats at 3 mo of age. This difference remained at 11 mo, but UV was higher in females than in males treated with the ARA \((P < 0.05)\). After water deprivation, UV decreased \((P < 0.05)\) in each experimental group but remained elevated \((P < 0.05)\) in male and female ARA-treated rats (Table 2).

Table 2 shows that basal \( U_{\text{OSM}} \) was similar in male and female vehicle-treated young rats and decreased \((P < 0.05)\) in each ARA-treated group compared with its corresponding control group. Water deprivation elicited elevations of \( U_{\text{OSM}} \) \((P < 0.05)\) in all experimental groups. However, the increment
of U_{OSM} was greater (P < 0.05) in vehicle than in ARA-treated male rats at 3 (505 ± 89 vs. 336 ± 35 mosmol/kgH_2O) and at 11 mo of age (702 ± 155 vs. 359 ± 35 mosmol/kgH_2O) (Table 2).

The increment of U_{OSM} in response to dehydration was similar at 3 mo of age in both female groups (vehicle: 392 ± 69 mosmol/kgH_2O; ARA: 691 ± 106 mosmol/kgH_2O) than in ARA-treated males (359 ± 35 mosmol/kgH_2O).

It also can be observed in Table 2 that P_{OSM} increased (P < 0.05) similarly in all experimental groups at 3 mo of age. However, at 11 mo of age, water deprivation induced an increment in P_{OSM} that was greater in ARA-treated male rats than in the other three experimental groups (P < 0.05). At 3 mo of age, water deprivation elicited a significant decrease of COSM in each experimental group, but no sex-associated differences of COSM were found in both vehicle and ARA-treated males at 3 (505 vs. 336) and in the control group (359 vs. 359).

Table 2. Response of urine volume, urine osmolality, plasma osmolality, and osmolar clearance to a prolonged water dehydration at 3 and 11 mo of age in rats treated with vehicle or ARA during nephrogenic period

<table>
<thead>
<tr>
<th></th>
<th>3 mo Old</th>
<th>ARA</th>
<th>11 mo Old</th>
<th>ARA</th>
</tr>
</thead>
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<tr>
<td><strong>Males</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urine volume, ml/day</td>
<td>Vehicle</td>
<td>ARA</td>
<td>Vehicle</td>
<td>ARA</td>
</tr>
<tr>
<td>Basal</td>
<td>11.2±1</td>
<td>19.6±2.3*</td>
<td>12.3±1.8</td>
<td>25.0±4.2*</td>
</tr>
<tr>
<td>Dehydration</td>
<td>2.9±0.2†</td>
<td>6.0±0.6*†</td>
<td>3.7±0.4†</td>
<td>6.8±1.4*†</td>
</tr>
<tr>
<td>Urine osmolality, mosmol/kgH_2O</td>
<td>Vehicle</td>
<td>ARA</td>
<td>Vehicle</td>
<td>ARA</td>
</tr>
<tr>
<td>Basal</td>
<td>1,325±63</td>
<td>819±48*</td>
<td>1,537±190</td>
<td>720±90*</td>
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<tr>
<td>Dehydration</td>
<td>1,830±83†</td>
<td>1,155±29*†</td>
<td>2,240±137†</td>
<td>1,079±113*†</td>
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<tr>
<td>Plasma osmolality, mosmol/kgH_2O</td>
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<td>ARA</td>
<td>Basal</td>
<td>ARA</td>
</tr>
<tr>
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<td>301±3</td>
<td>301±2</td>
<td>301±3</td>
<td>305±3</td>
</tr>
<tr>
<td>Dehydration</td>
<td>310±1†</td>
<td>312±2†</td>
<td>318±2†</td>
<td>341±6†</td>
</tr>
<tr>
<td>Osmolar clearance, ml/day</td>
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<td>ARA</td>
<td>Basal</td>
<td>ARA</td>
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<tr>
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<td>52±3</td>
<td>52±3</td>
<td>55±3</td>
<td>53±5</td>
</tr>
<tr>
<td>Dehydration</td>
<td>17±2†</td>
<td>22±2†</td>
<td>24±4†</td>
<td>17±2†</td>
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<tr>
<td><strong>Females</strong></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urine volume, ml/day</td>
<td>Vehicle</td>
<td>ARA</td>
<td>Vehicle</td>
<td>ARA</td>
</tr>
<tr>
<td>Basal</td>
<td>10.1±0.9</td>
<td>23.7±3.7*</td>
<td>16.6±2.8</td>
<td>33.7±3.8*†</td>
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<tr>
<td>Dehydration</td>
<td>1.9±0.3†</td>
<td>4.3±0.9*†</td>
<td>2.7±0.3†</td>
<td>4.9±1.2*†</td>
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<td>Urine osmolality, mosmol/kgH_2O</td>
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<td>ARA</td>
<td>Basal</td>
<td>ARA</td>
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<tr>
<td>Basal</td>
<td>1,157±77</td>
<td>657±61*</td>
<td>1,085±104</td>
<td>740±47*</td>
</tr>
<tr>
<td>Dehydration</td>
<td>1,550±121†</td>
<td>1,159±112*†</td>
<td>2,044±108†</td>
<td>1,432±141*†</td>
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<tr>
<td>Plasma osmolality, mosmol/kgH_2O</td>
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<td>ARA</td>
<td>Basal</td>
<td>ARA</td>
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<tr>
<td>Basal</td>
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<td>302±1</td>
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<tr>
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<td>311±3‡</td>
<td>323±3‡</td>
<td>319±3‡</td>
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<tr>
<td>Osmolar clearance, ml/day</td>
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<td>ARA</td>
<td>Basal</td>
<td>ARA</td>
</tr>
<tr>
<td>Basal</td>
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<td>48±4</td>
<td>57±5‡</td>
<td>80±3‡</td>
</tr>
<tr>
<td>Dehydration</td>
<td>10±2†</td>
<td>15±2†</td>
<td>17±3‡</td>
<td>19±3‡</td>
</tr>
</tbody>
</table>

*P < 0.05 vs. vehicle; †P < 0.05 versus Basal; ‡P < 0.05 vs. 3 mo of age.

DISCUSSION

This study demonstrates the existence of important sex differences in the renal changes elicited by the blockade of ANG II effects during the late phase of the nephrogenic period, and that these sex differences are accentuated during aging. It was found that GFR only decreases in ARA-treated males, and proteinuria increases more in males than in females during aging. Another important sex difference is that only ARA-treated males have an impairment of renal adaptation to a prolonged dehydration that seems to be more deteriorated by aging.

The role of ANG II in renal development has been demonstrated in several studies (6, 11, 13, 28). Recently, our group has confirmed these results previously reported and demonstrated that the renal alterations elicited by ANG II blockade during the nephrogenic period were more significant in males...
ARA-treated rats were similar to those found in control rats. It is possible that the BP increment contributes to the same extent in both sexes to the time-dependent deterioration of renal function during the nephrogenic period. Since hypertension is a major risk factor for a progressive renal disease (17), it is expected that kidneys with reduced nephron number would be more susceptible to subsequent injuries, and that the age-dependent functional decline would be greater in males.

The BP increment elicited by ARA administration during the nephrogenic period was expected, because it occurs after renal ablation in the remnant nephrons (16). Glomerular hyperfiltration may be secondary to an elevation in glomerular capillary pressure after a reduction in nephron number (15), and single-nephron GFR seems to be greater in male than in female ARA-treated rats (25), it may be hypothesized that capillary pressure increased more in ARA-treated males than in ARA-treated females. The elevated capillary pressure would contribute to the greater increment in proteinuria and to the age-dependent decline in GFR found in male ARA-treated rats. The greater capillary pressure in males would hasten the injury to functioning glomeruli and would perpetuate the vicious circle of ongoing nephron loss. It is possible that compensatory adjustments to the decrease in nephron number were necessary for the preservation of a normal renal function, but in the long run were central for the progressive nature of renal disease. The elevation in proteinuria induced by an increase in glomerular capillary hydrostatic pressure has been found in several forms of renal injury associated with permanent nephron loss (4).

The present study is the first one demonstrating that males are more susceptible than females to the time-dependent decline in renal function and elevation in proteinuria in response to a similar decrease in nephron number. Further studies are needed to examine the mechanisms responsible for these sex differences. However, it is speculated that sex hormones are probably involved, since it is known that there is a pronounced sexual dimorphism in the age-dependent renal injury and decline in renal function, with females protected due to both the protective estrogens and the lack of damaging androgens (1, 2, 21, 22).

As already mentioned, blockade of ANG II effects during the nephrogenic period only induces in males a reduction in papillary volume and an important increment in medullary interstitial fibrosis (25). With these results, one may envisage that medullary circulation and its function are hampered only in males, and that the renal ability to concentrate urine in response to a prolonged dehydration is deteriorated in males but not in females treated with an ARA during the nephrogenic period. Since it is well known that the urinary concentrating ability changes during aging (26, 27), it was also anticipated that the renal adaptation to a prolonged dehydration is more affected by aging in male than in female ARA-treated rats. The decrease in the renal ability to enhance urinary osmolality in response to a dehydration in ARA-treated males was expected and may be explained by the papillary atrophy (6, 14) and by...
an alteration in medullary tubulogenesis (18). However, as far as we know, our study is the first showing that the RAS blockade during the nephrogenic period does not reduce in females the renal ability to concentrate urine in response to a prolonged dehydration. This is also the first study demonstrating that the impairment of renal ability to concentrate urine is age dependent in males. This notion is supported by the fact that both $T_{H_{2}O}$ and $P_{O_{SM}}$ were greater during water deprivation at 11 than at 3 mo of age in ARA-treated male rats.

The decrease of basal $U_{O_{SM}}$ in ARA-treated males may not be attributable only to the reduction in papillary volume, since it was also found in ARA-treated females, and these females have a normal papillary volume (25). The lower basal $U_{O_{SM}}$ in ARA-treated rats seems also to be secondary to an elevation in water intake. Further studies are required to determine the mechanisms responsible for the important activation of water intake when ANG II effects are blocked during the nephrogenic period. However, it has been proposed that this greater water intake is secondary to an increment in the number and affinity of central AT$_{1}$ receptors in adult life (5).

In summary, the results of this study present new evidence showing that a reduction in functional glomeruli during renal development leads to a greater decline in renal function and to a greater increment in proteinuria in males than in females that hasten the decline normally occurring with advancing age. It is also proposed that the decrease of ANG II effects during the nephrogenic period reduces only in males the urinary concentrating ability in response to a prolonged dehydration, and that this reduction is aggravated during aging.

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